



Birding for Boomers: And Everyone Else Brave Enough to Embrace the World's Most Rewarding and Frustrating Activity

Sneed B. Collard III

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Sneed B. Collard III took up birdwatching in his adulthood, when his son developed an interest in birds. He records his own experiences and shares plenty of tips for fellow late bloomers in *Birding for Boomers*, extolling the variety of birds there are to see, recommending kinds of habitats to check out, and going over some of the challenges with identifying specific birds with common traits.

Because the book is aimed at new birders, it includes advice about what kinds of binoculars to consider, what clothing and equipment to use, the value of a good field guidebook, and useful online resources. Its guidance is casual, often relayed with light humor and embellished by personal anecdotes. Challenges specific to boomers factor into its advice on birding with hearing, eyesight, and mobility challenges, and into its considerations for those on fixed incomes. It also makes important points about safety for nonwhite and LGBTQ+ birders.

With its ranging approach and easy-to-follow advice, *Birding for Boomers* is a handy guide for all those—boomer or otherwise—who are looking to pick up an ornithological hobby.

JEFF FLEISCHER (September / October 2024)

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