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**SELF-HELP** 

## Countdown to Greatness: Greatness Lives Within You Find It Ignite It

## Michael Griffin

Bennett Media and Marketing (Apr 7, 2022) Hardcover \$5.99 (62pp) 978-1-957114-10-1

Countdown to Greatness is a brief but encouraging self-help book about embracing one's potential to inspire positive change.

Countdown to Greatness is Michael Griffin's swift self-help guide to identifying one's personal potential, making a positive impact on others' lives, and fulfilling the requirements of true leadership.

Organized in an orderly step-by-step format, this pamphlet-length text aims to help its audience believe in themselves, see other people's potential, and make a positive difference. It begins by defining its terms, including knowledge, understanding, and wisdom. It also lauds learning as a process that propels improvement.

The book makes its case most via its straightforward diagrams, which illustrate points like the components that make up learning processes, the cyclical nature of organizational improvement, and the influence of continuous improvement on team and individual creativity. They treat life as progressive, with each stage leading to another, and suggest means for turning moments into memories. Their fonts are large and clear. Still, in the end, these diagrams are insufficient when it comes to elucidating the book's bevy of concepts and themes.

The book works to illuminate hefty topics, including leadership, personal freedom, and goal fulfillment, but it only gives itself space to touch upon each topic; none is addressed in depth. It lists the factors that strengthen teamwork, suggests what the sources of real personal inspiration are, and addresses the value of self-love, but it does not develop any of these significant points in a compelling manner. It devotes considerable space to leadership qualities, organizational improvement, and personal goals, but its recommendations thereof draw on general knowledge concepts without revealing anything new.

There are brushes of advice in the book as well. Its guidance concerns developing positivity, achieving freedom, and applying wisdom, but there is not enough concrete information about which steps should be taken to reach such goals. Its suggestions rest in platitudes and in the realm of the theoretical, not the practical. Everyday personal and organizational issues, including decision-making and building integrity, are treated in a similar manner, without the book addressing the complexities of such challenges. By limiting its work so much, the book ends up minimizing the problems that it names and that people and business entities face, including leading teams through discord and handling time and financial constraints when pursuing one's personal goals.

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## EDITH WAIRIMU (August 31, 2022)

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