

My First Baby Signs: Over 40 Fundamental Signs for You and Baby

Lee Ann Steyns

Julia Seal

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With the goal of teaching children a means to communicate before they can speak, this picture book provides forty practical signs for parents to teach. “Eat,” “Help,” “Water,” and “Potty” are among the signs within the book, all paired with simple illustrations and descriptions of the motions involved. A section on what to expect during the various stages of the process helps parents to manage expectations and track progress; a thorough index rounds out the text.

DANIELLE BALLANTYNE (November / December 2023)

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