



The Soul We Share

Ricky Ray

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Wherever souls reside, all the rules of time and space, language and thought succumb to an older way of being—and that is where Ricky Ray hangs out with Addie, his old brown dog. An ecomystic animist, Ray's work explores their relationship romping through the hills and valleys of New England. He serves on the advisory board of Harvard's Program for the Evolution of Spirituality.

HOW TO GO ON

*Sometimes, when defeat
sits in your chest
sinking you past concern,*

*you have to lie down in a field
look up at the sky,
and ask the blades of grass, the little Earthlings*

*who have been there all night,
who have lived there all their lives,
who are the field you are becoming*

*to slip their slender green
fingers into your mind,
and show you:*

How to go on? It's easy:
you open your mouth,
you take in little sips of light.

MATT SUTHERLAND (July / August 2024)

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