

Foreword Review POETRY

The Soul We Share

Ricky Ray

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Wherever souls reside, all the rules of time and space, language and thought succumb to an older way of being—and that is where Ricky Ray hangs out with Addie, his old brown dog. An ecomystic animist, Ray's work explores their relationship romping through the hills and valleys of New England. He serves on the advisory board of Harvard's Program for the Evolution of Spirituality.

HOW TO GO ON

Sometimes, when defeat sits in your chest sinking you past concern,

you have to lie down in a field look up at the sky, and ask the blades of grass, the little Earthlings

who have been there all night, who have lived there all their lives, who are the field you are becoming

to slip their slender green fingers into your mind, and show you:

How to go on? It's easy: you open your mouth, you take in little sips of light.

MATT SUTHERLAND (July / August 2024)

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