

## **You, Me and Empathy: Teaching Children about Empathy, Feelings, Kindness, Compassion, Tolerance and Recognising Bullying Behaviours**

**Jayneen Sanders**

**Sofia Cardoso, Illustrator**

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Helping young people to recognize their own emotions and to see them in others, Jayneen Sanders uses lively couplets and easily relatable scenarios at home and on the playground in *You, Me and Empathy*. Captivating illustrations from Sofia Cardoso display a colorfully diverse neighborhood full of energy and enthusiasm, and suggested activities and discussion questions open the door for further cultivating compassion.

PALLAS GATES MCCORQUODALE (July/August 2017)

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